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1  
00:00:07,150 --> 00:00:11,440

If you're interested in observing the Perseids,  
I would suggest trying to get away from any

2  
00:00:11,440 --> 00:00:14,700

bright lights. So, if you live in a city,  
try to get away to the country.

3  
00:00:14,700 --> 00:00:20,160

You are going to want to give yourself a long  
time for your eyes to adjust to the dark.

4  
00:00:20,160 --> 00:00:24,810

I would suggest just lying on your back and  
taking in as much of the sky as possible.

5  
00:00:24,810 --> 00:00:29,519

You don't want to look in any particular direction,  
just lie on your back and look straight up.

6  
00:00:29,519 --> 00:00:36,080

Also, it wouldn't hurt to have some caffeine,  
like a soda or coffee. The best time to observe